



Asthma and Allergy
Foundation of America

Asthma & Allergy Essentials for Child Care Providers

LOCATION:

St. Lukes

(Meridian)

Blackfoot & Lemhi Rooms

DATE:

Saturday

NOVEMBER 6th

TIMES:

9am to 12pm

or

1pm to 4pm

TO

REGISTER:

Contact Southwest
District Health at
(208) 455-5343

COST:

Free of Charge

Southwest District Health in Partnership with Central District Health is sponsoring an Asthma and Allergy training for Child Care Providers.

The purpose of the *Asthma & Allergy Essentials for Child Care Providers* course is to give child care providers the tools and knowledge they need to care for children with asthma and allergies (including food and latex allergies).

During this interactive, 3-hour program, a trained health professional teaches providers how to recognize the signs and symptoms of an asthma or allergy episode, how to institute environmental control measures to prevent these episodes, and how to properly use medications and the tools for asthma management such as inhalers and peak flow meters to keep these diseases under control, and much more.

Providers will take home an environmental checklist to use in their child care center to pinpoint allergens and irritants that could impact a child's breathing. They will also receive a "Child Care Asthma and Allergy Action Card," a guide for caring for a child with these diseases. The action card should be filled out by the child's physician and returned to the child care provider. The completed card, includes the necessary information a provider needs to care for the child, such as a medication plan, a list of the child's specific signs and symptoms that indicate the child is having trouble breathing, and steps on how to handle an emergency situation.

The Asthma Allergy Federation of America (AAFA) developed the *Asthma & Allergy Essentials for Child Care Providers* program in 1994. Through a partnership with the Environmental Protection Agency (EPA) and AAFA, the program was revised and field tested in 1999 with more than 500 child care providers. At the completion of this course participants will receive a certificate for three hours of training.



SPACE IS LIMITED SO REGISTER TODAY!!!!